



FREQUENTLY ASKED QUESTIONS  
**CAN PROGESTERONE PESSARIES BE USED  
RECTALLY?**

---

**Can Progesterone  
Pessaries be used rectally?**

- Progesterone Pessaries are indicated for use vaginally.
- If your IVF clinic has advised you to use them rectally, then you may do so on consultation with your fertility specialist/nurse.
- If using rectally, you are not required to lie down for 30 minutes, you can insert and move about immediately.
- Administering the pessary vaginally or rectally will deliver the bioequivalent (same) level of progesterone <sup>(1)</sup>.

**References**

1. Nillius SJ, Johansson ED. Plasma levels of progesterone after vaginal, rectal, or intramuscular administration of progesterone. American Journal of Obstetrics and Gynecology. 1971;110(4): 470-7.

**Contact Point**

Drug Information Pharmacist  
ORION Laboratories Pty Ltd ABN 56 009 293 136  
25-29 Delawney Street, Balcatta, Western Australia 6021 AUSTRALIA  
**Telephone (all hours): +618 9441 7800**  
FREE PHONE: 1800 805 546 FREE FAX: 1800 004 110  
EMAIL: [customerservice@orion.net.au](mailto:customerservice@orion.net.au); WEBSITE: [www.orion.net.au](http://www.orion.net.au)  
ORION® is a registered trademark of Orion Laboratories Pty Ltd

---

**Prepared By**

Robert Kimpton B.Pharm MSHP FPS  
Managing Director, June 2010

**Revision Information**

<i>Date</i>	<i>Document Name</i>	<i>Superseded Document</i>	<i>Revision Information</i>
June 2010	Pro00000_01_faq June 2010	N/A	New document