

***What is Peppermint Water?***

It is an aqueous based solution containing Peppermint Oil.

***What is it used for?***

Peppermint water can be used to relieve gas and flatulence of the gastrointestinal tract, especially the stomach and small intestine, and the associated pain, cramping and bloating. It has a carminative effect.

***What is the recommended dosage?***

The recommended adult dose of Orion's Peppermint Water is, 10mL to 40mL as a single dose when required to relieve gas, flatulence and the associated pain, cramping and bloating.

***Reference:***

References are available on request.

***Please contact [Customer Service](#)***

***Contact Point***

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